

# What's on in Halton

Autumn 1 Half Term 2024



**ADDvanced Solutions**  
Community Network  
Supporting you to find the answers



**ADDvanced Solutions Community Network** is an open access offer that supports the emotional health and wellbeing of neurodivergent children and young people, their families and the professionals that work with them. Below you will find the learning programmes and workshops for Halton families. No diagnosis or referral is needed to access ADDvanced Solutions Community Network.

## Community Network Groups

Delivered weekly during term time, an informal, open access learning opportunity to seek advice and support around challenges you may be facing at all stages of your journey. Drop in, no need to book, to meet the team and visiting professionals.

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## Neurodevelopmental Conditions Learning Programme

Six-session learning programme for parents and carers to increase understanding of neurodevelopmental conditions and build skills and confidence to better support their child or young person's presenting needs.

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## Online Learning Workshops

**Supporting Sleep:** Our trained sleep practitioners will present a workshop on how to support sleep difficulties faced by neurodivergent children and young people, and offer strategies and advice on how to improve their sleep routine.

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## Professionals Neurodevelopmental Conditions Awareness Raising Training

Funded training for professionals to increase understanding of neurodevelopmental conditions and the impact on children, young people and their families - **upcoming training date in September!**

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# What is a Community Network Group?

Community Network Groups, delivered weekly during term time, offer an informal learning opportunity to seek advice and support around any challenges you may be facing at all stages of your journey - no referral or diagnosis needed. Drop in, no need to book, to meet the team and visiting professionals, for learning and strategies to better support your child or young person.

## Halton Community Network Group

### Where?

**Ditton Community Centre, Dundalk Road, Widnes, WA8 8DF.**

You can reach the centre via public transport, such as the 26 bus from Widnes Shopping Park or 79C and 82A from Runcorn High Street.

[Get directions](#)



When?	Topic
<b>Monday 9th September</b> 12:30pm-2:30pm	<b>Choosing a school:</b> Navigating and supporting the challenges of choosing the appropriate school for neurodivergent children and young people.
<b>Monday 16th September</b> 12:30pm-2:30pm	<b>Autism and Girls:</b> Exploring the differences between autistic boys and autistic girls, and identifying specific ways to support autistic girls.
<b>Monday 23rd September</b> 12:30pm-2:30pm	<b>Encouraging Independence:</b> Discussing what independence may look like for neurodivergent children and young people, offering practical strategies to support.
<b>Monday 30th September</b> 12:30pm-2:30pm	<b>In partnership with Communicate SLT CIC:</b> Providing information about speech, language, and communication services that they provide for Halton families.
<b>Monday 7th October</b> 12:30pm-2:30pm	<b>Preparing for a Meeting with Professionals:</b> Exploring what we can do to prepare for a meeting with professionals to gain the best outcomes for neurodivergent children and young people.
<b>Monday 14th October</b> 12:30pm-2:30pm	<b>Barriers to School Attendance:</b> Exploring what can make it difficult for neurodivergent children and young people to attend school and how we can work with schools to remove these barriers.
<b>Monday 21st October</b> 12:30pm-2:30pm	<b>Understanding and Supporting Behaviours that Challenge:</b> Recognising underlying causes of behaviours that challenge and identifying strategies to support.

## Monday All Area Online Community Network Group

[Please join us online by clicking here to register your details.](#)

Only one registration is required to join any of the topics listed below and you will receive a reminder each week, which includes the link to join. Our online offer is delivered via Zoom for Healthcare.

When?	Topic
<b>Monday 9th September</b> 9:30am-11:00am	<b>Identifying Problems, Finding Solutions:</b> An open session to come along and discuss any difficulties you may be experiencing with your child or young person and explore strategies to support them.
<b>Monday 16th September</b> 9:30am-11:00am	<b>Encouraging Independence:</b> Discussing what independence may look like for neurodivergent children and young people, offering practical strategies to support.
<b>Monday 23rd September</b> 9:30am-11:00am	<b>Choosing a school:</b> Navigating and supporting the challenges of choosing the appropriate school for neurodivergent children and young people.
<b>Monday 30th September</b> 9:30am-11:00am	<b>Preparing for a Meeting with Professionals:</b> Exploring what we can do to prepare for a meeting with professionals to gain the best outcomes for neurodivergent children and young people.
<b>Monday 7th October</b> 9:30am-11:00am	<b>Barriers to School Attendance:</b> Exploring what can make it difficult for neurodivergent children and young people to attend school and how we can work with schools to remove these barriers.
<b>Monday 14th October</b> 9:30am-11:00am	<b>SEND Jargon Buster:</b> Increasing confidence and reducing confusion around Special Educational Needs and Disability (SEND) jargon and terminology.
<b>Monday 21st October</b> 9:30am-11:00am	<b>Theory of Mind:</b> Exploring 'Theory of Mind' and how it can impact on neurodivergent children and young people in their understanding of how other people think and feel.

## Wednesday All Area Online Community Network Group

**Please join us online by clicking [here](#) to register your details.**

Only one registration is required to join any of the topics listed below and you will receive a reminder each week, which includes the link to join. Our online offer is delivered via Zoom for Healthcare.

When?	Topic
<b>Wednesday 11th September</b> 5:00pm-6:30pm	<b>Identifying Problems, Finding Solutions:</b> An open session to come along and discuss any difficulties you may be experiencing with your child or young person and explore strategies to support them.
<b>Wednesday 18th September</b> 5:00pm-6:30pm	<b>Choosing a school:</b> Navigating and supporting the challenges of choosing the appropriate school for neurodivergent children and young people.
<b>Wednesday 25th September</b> 5:00pm-6:30pm	<b>Encouraging Independence:</b> Discussing what independence may look like for neurodivergent children and young people, offering practical strategies to support.
<b>Wednesday 2nd October</b> 5:00pm-6:30pm	<b>Understanding and Supporting Behaviours that Challenge:</b> Recognising underlying causes of behaviours that challenge and identifying strategies to support.
<b>Wednesday 9th October</b> 5:00pm-6:30pm	<b>Preparing for a Meeting with Professionals:</b> Exploring what we can do to prepare for a meeting with professionals to gain the best outcomes for neurodivergent children and young people.
<b>Wednesday 16th October</b> 5:00pm-6:30pm	<b>Barriers to School Attendance:</b> Exploring what can make it difficult for neurodivergent children and young people to attend school and how we can work with schools to remove these barriers.
<b>Wednesday 23rd October</b> 5:00pm-6:30pm	<b>SEND Jargon Buster:</b> Increasing confidence and reducing confusion around Special Educational Needs and Disability (SEND) jargon and terminology.

# What is the Neurodevelopmental Conditions Learning Programme?

The Neurodevelopmental Conditions (ND) Learning Programme provides an opportunity for parents and carers to gain understanding of neurodevelopmental conditions, specific learning difficulties and associated mental health needs and gain strategies to support the difficulties that may present, including:

- **Neurodevelopmental Conditions - including Autism, ADHD, Sensory Processing Difficulties, Specific Learning Difficulties.**
- **Managing everyday challenges and behaviours - including sleep, toileting and eating difficulties.**
- **Your Local Offer, disability welfare rights and SEND, Early Help and Education Health Care Plans.**

## Online Neurodevelopmental Conditions Learning Programme

**To join us online,  
[Please click here to register your details.](#)**

Our ND Learning Programme will be delivered online, once a week, over six weeks - only one registration is required to attend all of the six sessions and you will receive a reminder for each session.

Session 1	Session 2	Session 3	Session 4	Session 5	Session 6
<b>Monday 9th September</b> 6.30pm - 8.30pm	<b>Monday 16th September</b> 6.30pm - 8.30pm	<b>Monday 23rd September</b> 6.30pm - 8.30pm	<b>Monday 30th September</b> 6.30pm - 8.30pm	<b>Monday 7th October</b> 6.30pm - 8.30pm	<b>Monday 14th October</b> 6.30pm - 8.30pm

## What is a Online Learning Workshop

Online learning workshops provide parents and carers with an understanding of a particular topic around neurodevelopmental conditions. The workshop provides strategies to support children and young people at home and in school, with an opportunity to interact with our team via the chat and Q&A function.

### Supporting Sleep

Sleep is essential to function on a daily basis. Poor sleep can impact a child or young person's ability to focus and learn. Neurodivergent children and young people may struggle with sleep. During the workshop, our trained sleep practitioners will offer strategies and advice on how to improve sleep routines.

When?	Where?
<b>Friday 27th September</b> 9.30am - 12.00pm	<b><a href="#">Please join us online by clicking here to register your details.</a></b>

## Coffee Mornings, Afternoons and Engagement Events

Our team are happy to attend any face-to-face coffee mornings and/or online sessions to explain our offer for families and professionals. Please email us at [info@advancedsolutions.co.uk](mailto:info@advancedsolutions.co.uk) for further information.

# What is the Professionals Neurodevelopmental Conditions Awareness Raising Training?

Designed to improve professionals' understanding of neurodevelopmental conditions (NDCs), how they may present and how one condition may overlap with another. Professionals attending this training will develop knowledge, skills and confidence to better support neurodiverse children, young people and their families:

- Understand the differences between ADHD, Autism, and other NDCs
- Recognise the typical behaviours of ADHD, Autism and other NDCs
- Recognise the impact that unsupported and unmanaged characteristics of NDCs can have on an individual and their family
- Understand the impact that sensory processing difficulties can have on children and young people
- Identify local support available for professionals, children, young people and their families.

**Please contact us to book your place on our free upcoming professionals training**

call our office on **0151 486 1788** or email us on **info@advancedsolutions.co.uk**

## Where?

**Business Lodge Widnes, Kingsway House, Caldwell Road, Widnes, WA8 7EA.** The centre is based



[Get directions](#)

When?	What?
<b>Tuesday 24th September</b> 9.15am - 4.00pm	<b>Full-Day Neurodevelopmental Conditions Awareness Raising Training</b>



## Seeking Crisis Support?

ADDvanced Solutions Community Network is not a crisis service. If you, a child or young person is experiencing acute distress and is deemed to be a risk to themselves or others, we have listed the local area crisis contact details on our urgent support page, which you can find on our website:

[www.advancedsolutions.co.uk](http://www.advancedsolutions.co.uk) under the 'Contact' menu option.

You will also find links to national organisations that can offer support.

## Online offer:

Our online offer is delivered using Zoom for Healthcare. The details we request are kept securely and used in line with our privacy policy: [www.advancedsolutions.co.uk/policies/privacy-policy.html](http://www.advancedsolutions.co.uk/policies/privacy-policy.html)

If you are using a phone, you will need to download the Zoom app beforehand.

Please be mindful of your data usage. If you do not have an unlimited data plan, you may need to connect to a Wi-Fi connection to prevent charges.

## Get in touch with us

