



Newsletter

Edition 52 May 24 - Aug 24

A WELCOME MESSAGE FROM CARL HARRIS CEO

Hello all! Welcome to edition 52 of the Carers newsletter. It finally feels like Spring; I hope you can find time to put all else aside and take a few moments for yourself to enjoy reading this newsletter. Carers Week is 10 – 16 June and it's the biggest event in our calendar. This year's theme for Carers Week is 'Putting carers on the map', and we intend to do just that. We are working to organise a series of exciting events and we hope you will get involved, see inside for details of our Carers Week activities. Please feel free to get in touch with us to find out more about any events listed in this newsletter.

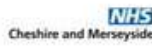
The aim for the newsletter is to include Information and events for anyone in Halton who looks after a friend or family member living with an illness, disability, mental health condition or addiction. If you have any suggestions for articles or improvements please let us know by emailing help@haltoncarers.co.uk

CONTACT US
62/64 Church Street, Runcorn
01928 580182
help@haltoncarers.co.uk

Best Wishes

Carl

Halton Carers Centre is registered in England & Wales as a Registered Charity No: 1124493
Company Limited by Guarantee No: 06574889



Locking COOKER VALVE

When you care for a person with a condition such as Dementia(s), cognitive impairment or Autism,

it can often help to have additional measures in place to provide that extra peace of mind.

This simple safety device will help individuals to retain their independence, and provide reassurance to family, friends and carers; as the caregiver can easily control when gas can and cannot be used safely once fitted. For example, this could help avoid leaving the gas cooker/hob switched on unignited or help prevent a plastic kettle being placed on an ignited ring where the person living with Dementia(s) may have remembered how to make a cup of tea but forgotten that these days they have an electric kettle to do this.

Cadent are proud to offer their locking cooker valve fitting service to customers. The service is completely free of charge and will be carried out by one of their own qualified gas engineers.

They provide this service regardless of your gas supplier. You don't need to change energy supplier or inform your supplier of the device. Simply head over to their webpage: <https://cadentgas.com/help-advice/supporting-our-customers/locking-cooker-valves> or call 0800 389 8000 for more information. Once fitted, they will need a carer/person(s) responsible to keep the key safe, meaning they can turn the locking cooker valve on and off to prevent future risk.



Halton Carers Centre Carer Break Funding

In recent months, we've observed an increase in enquiries from carers who have applied for our carer break funding. We understand the anticipation and eagerness for updates on your applications, however, we want to reassure all applicants that while we aim to process applications as swiftly as possible, it can take up to 8 weeks from submission to a decision being made on your award. Your patience during this period is greatly appreciated. We kindly request that carers allow at least 8 weeks before contacting us to enquire about the status of your applications.

HALTON CARERS CENTRE LOTTERY DRAWN ON THE 20TH OF EACH MONTH

Supporting Unpaid Carers in Halton



1st
2nd
3rd
Prizes



How To Play ?
For Just £5.00 per month per number

Pay by Standing Order:
Halton Carers Centre Bank Details:
Organisation : Halton Carers Centre Ltd
Sort Code: 30-95-14
Account Number 07833689

Standing orders to be paid on or before the 15th of the month,
Cash by 12pm on the 20th of the month
You can now Pay over the phone on 01928 580182



62 Church Street, Runcorn WA7 1LD - Telephone 01928 580182
St Marie's Church, Lugsdale Road Widnes. WA8 6DB - Telephone 01928 592405
Email: holly.robson@haltoncarers.co.uk
Web: www.haltoncarers.co.uk

If you wish to join our monthly lottery please scan our QR code above or ring the office 01928 580182



Arthritis Action Groups are a place for people living with, or caring for people living with arthritis to get together and share tips, tricks and experiences about their condition.

Their Groups are held online over zoom and facilitated by a member of their team to keep things on track, and make sure that everyone has the best experience possible.

Each month they cover a different topic so you will have lots of time slots and dates to pick from, ensuring you don't miss out on what is being discussed. And if the topics aren't for you, they offer social online Coffee Mornings and Afternoon Teas where you can chat and get to know each other, without a set theme.

They also run a monthly Young Adult Group for anyone aged 18 to 40. For more information please head over to their website here: <https://www.arthritisaction.org.uk/arthritis-action-groups/>



Come and join us at Halton Carers Centre in our Runcorn office on Tuesday 11th June to celebrate Carers Week 2024 with a delicious Cream Tea with all the trimmings.

**Drop in anytime during 11am - 3pm
No need to book.**

I'm Steve Roberts, I work for TRANSFORM LIVES COMPANY and I am the Community Engagement Coordinator for HALTON.



I currently work in both Widnes and Runcorn, supporting people who find themselves - for whatever reason - some distance away from the workplace. In line with our mission and values, I provide support and guidance to people who wish to move their lives forward, towards the workplace or other positive outcomes, such as voluntary work, training, or further education.

With compassion and understanding, I take an informal approach at the outset. Either in a one-to-one setting or small groups, in order to build that all important trust.

If you would like to know more please give me a call 07342486385 or email me at steve@transform-lives.org or visit our website www.transform-lives.org

Are you struggling with menopause symptoms?

Would you like support and information?

Need a confidence boost? Come along and connect over a cuppa!

All sessions are 10-11.30am with free refreshments provided.

Saturday 29th June – Halton Lea Library.

Saturday 27th July – Widnes Library.

Saturday 28th Sept – Runcorn Library.

Saturday 26th Oct – Ditton Library.

Saturday 30th Nov – Halton Lea Library.

You can book a session by visiting here:

<https://www.eventbrite.co.uk/o/halton-library-service-12407649800>

Delivered by Just Bee You (Northwest) CIC, in collaboration with Halton Libraries and funded by The National Lottery Community Fund.



HALTON CARERS CENTRE

A Network Partner of
**CARERS
TRUST**

Celebrate Carers Week 2024 with Us!

 **Join Us: 10th June - 17th June** 

Throughout the week, our dedicated team will be out in community venues across our borough, spreading awareness of carers, drop by and see us!

 Events:

Community Outreach:

Mon 10th June 12.30pm - 4pm Grangeway Community Centre

Thurs 13th June 9.30am - 12pm Asda, Runcorn

Fri 14th June 9.30am - 12pm Asda, Widnes

Fri 14th June 9.30am - 11.30am Hough Green Health Park,
Widnes.

Free Cream Tea Event Tue 11th June:

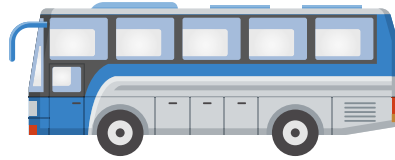
Join us at our Church Street, Runcorn office 11am - 3pm for a delightful cream tea as we celebrate together. No booking needed!



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Hospital Shuttle Bus



Hospital shuttle bus service timetable

There is a free shuttle bus service between Warrington Hospital and Halton General Hospital. Whilst at the Halton General campus, the shuttle bus will call at both the Nightingale Building and the Captain Sir Tom Moore Building.

The bus runs seven days a week.

Please note, at the weekends and bank holidays, whilst operating at the Nightingale Building (Halton General campus), the shuttle bus runs Monday to Friday, from Entrance 1, but at weekends and bank holidays it will operate from Entrance 2, which is situated at the rear of The Nightingale Building near to Runcorn Urgent Treatment Centre.

DEPARTS HALTON (NIGHTINGALE BUILDING)	DEPARTS CSTM (CAPTAIN SIR TOM MOORE BUILDING)	DEPARTS WARRINGTON (BUS TERMINAL)
6.35am (Direct to Warrington)		7am (Direct to CSTM)
8.10am	8.15am	8.40am
9.10am	9.15am	10.30am
11.15am	11.20am	12pm
12.55pm	1pm	1.45pm
2.20pm	2.25pm	3pm
3.30pm	3.35pm	4.10pm
4.35pm	4.40pm	5.10pm
5.50pm	5.55pm	6.30pm
7pm	7.05pm	8.15pm
8.45pm	8.50pm	9.40pm

The above are approximate times.

The bus has full wheelchair and disabled access. You may be asked to show evidence that you are travelling for a hospital appointment or visit.

A couple of minutes after departing from either bus stop at The Nightingale Building, it then makes a stop at the Captain Sir Tom Moore Building (apart from the 6.35am departure).

We would recommend you being at the Captain Sir Tom Moore Building the same time as the departure time for the Nightingale Building entrance, as it will only take the bus a minute or two to arrive there, depending on the number of people alighting and boarding.



**HALTON CARERS
WIDNES OFFICE**

Our Widnes base is open for carers to drop in for information & support Tuesday & Wednesday 10am – 4pm, Thursday 10am – 2pm. No appointment needed.

St Maries Church,
Lugsdale Road,
Widnes

MONTHLY CARERS GROUPS

**EVERY
OTHER
MONDAY**

CARERS EVENING DEMENTIA GROUP

6PM - 8PM BRUNSWICK HOUSE, RUNCORN

**LAST MON
OF THE
MONTH**

ADHD CARERS ZOOM GROUP

6PM - 7PM ONLINE ZOOM SESSION

**3RD WED
OF THE
MONTH**

WIDNES CARERS COFFEE GROUP

10AM - 12PM ST MARIES CHURCH, WIDNES

**3RD THUR
OF THE
MONTH**

RUNCORN CARERS COFFEE GROUP

12PM - 2PM BANK CHAMBERS, RUNCORN

**1ST FRI
OF THE
MONTH**

DEMENTIA CARERS COFFEE GROUP

1PM - 3PM MASONIC HALL, WIDNES

**2ND FRI
OF THE
MONTH**

PARENT CARER SUPPORT GROUP WIDNES

9.30-11AM ROOM 15 LIBRARY WIDNES

**LAST FRI
OF THE
MONTH**

PARENT CARERS SUPPORT GROUP*

12PM - 2PM CHI CAFE, PHOENIX PARK, RUNCORN

**ALL OUR GROUPS ARE FREE TO ATTEND AND LIGHT REFRESHMENTS ARE PROVIDED -
FOR MORE DETAILS ON EACH GROUP CALL OUR OFFICE ON 01928 580182**

*** A LIGHT LUNCH OPTION IS PROVIDED IN THIS GROUP**

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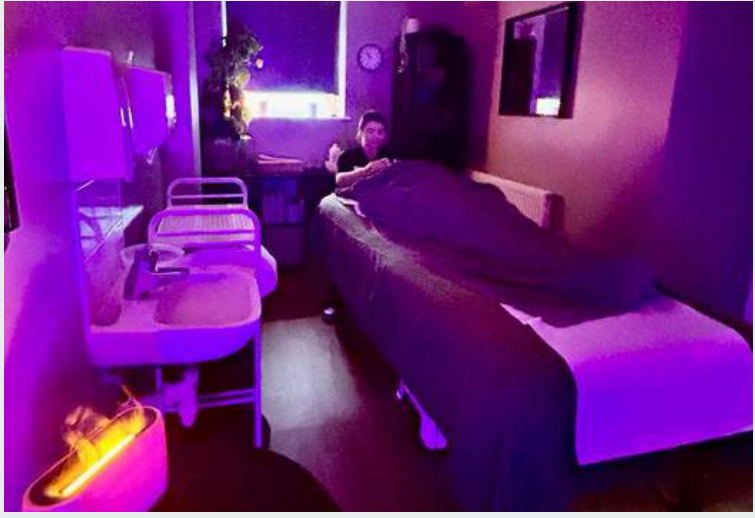
As a carer registered at Halton Carers Centre you can access Relaxation Therapies, We have a podiatrist and Holistic therapist that hold weekly appointments in both of our offices! Your first appointment with both Hannah (Holistic Therapist Therapist) & Stuart (Podiatrist) are free any appointments thereafter will have a small charge:

Please see across for charges. All appointments are pre booked so please contact the office to book yours in today!

- Holistic Therapy Treatment Price List Jan 24**
- Holistic Facial - 30min treatment - £10
 - Back/Neck/Shoulder Massage - 30min treatment - £10
 - Indian Head Massage - 30min treatment - £15
 - Hot Stone Massage - 30min treatment - £15

 - Reflexology - 35min treatment - £15
 - Reflexology + inc foot scrub/mask - 45min treatment - £18

 - Reiki Healing - 40min treatment - £15
 - Crystal Healing - 40min treatment - £15
 - Hopi Ear Candles - 30 min treatment - £10
- Podiatry Price List Jan 24**
- Podiatry - 30/45min treatment - £15.00



Charges for missed appointments We require 24 hours' notice for a cancellation so that we can reallocate the appointment. Otherwise, we will charge you for the cost of the appointment. This will be £25.00 for a chiropody appointment and £10 for a therapy appointment. Any carers who do not pay the charge will be unable to access any further treatments.

Appointments Available
RELAXATION THERAPIES

Runcorn Office:
Thursday 11am - 7pm
Friday 10am - 4pm

Widnes Office:
Tuesday 9.30am - 3.30pm

PODIATRY
Runcorn Office:
Wednesday 10am - 2pm
Thursday 3pm - 6pm

Widnes Office:
Thursday 9.15am - 2pm

Call 01928 580182 to book your appointment

Do not forget

We would like to extend a gentle reminder to all carers who have booked relaxation appointments with us.

To ensure the best experience for you and maintain hygiene standards for our beauty therapist, we kindly request that you:

- 1. Bathe or Shower Before Your Treatment:** This helps remove any buildup of products, environmental pollutants, or perspiration from your skin. By doing so, you prevent these substances from being rubbed back into your skin during the treatment.
- 2. Wear Undergarments:** Underwear must be worn during your appointment for both comfort and hygiene purposes.

Please note that failure to adhere to these guidelines may result in the refusal of your appointment. We appreciate your cooperation in maintaining a clean and comfortable environment for everyone.

OTHER CARERS

Do you get support in your caring role from another family member? Or maybe you know a family member or friend who has their own caring role and is not yet registered with us to access support in their own right! If so, tell them about us and that they can register by simply scanning the QR below and completing our online form to access our services



Join us for our
MIDWEEK MEET-UP
Every Wednesday at:
Halton Lea Library 10am-11:30am
Widnes Library 1:30pm-3pm

come along for a cuppa, stay for a chat!

BOARD GAMES | CARDS | ADULT COLOURING | REFRESHMENTS

It's a wonderful opportunity for adults to make friends,
feel connected and have some fun!



THE AUTISM WELLBEING
PROJECT
THERAPY · TRAINING · SUPPORT

THE AUTISM WELLBEING PROJECT CIC

We are a holistic support service for autistic adults combining therapies, training and support. We are based in Halton and can support anyone, diagnosed or not, aged 16+

We are led and informed by our Autistic Perspective Panel of autistic adults. We believe in facilitating the change they want to see.

FOR PROFESSIONALS

- **Training and Consultancy**

Led by our highly specialist and experienced Specialist Teacher, we can offer bespoke training and consultancy for businesses, parents/carers, education settings and more!

We are always open to conversations and potential partnerships with other professionals that align with our values and mission.

CONTACT US

 hello@theautismwellbeingproject.co.uk

 www.theautismwellbeingproject.co.uk

And find us on our socials!



FOR AUTISTIC PEOPLE

- **Post Diagnosis Support**

We can help you make sense of your diagnosis, what it means, and what your next steps are.

- **Therapies**

We offer a range of different autism-informed therapy options and deliver commissioned therapies for the NHS and Adult Social Care.

- **Social Care**

Utilising Direct Payments, we can offer autism-informed social care support including PAs, courses, supported volunteering and social activities.

- **Access to Work**

We are a provider for "This is Me Agency" providing coaching and support for neurodiverse individuals needing workplace support.

- **Activities**

Informed by our Peer-Support group, we offer a wide range of activities helping improve confidence, community and overall wellbeing.

HALTON CARERS TRIPS

JULY 24 - SEP 24

By adding your name to the list for a day trip does not mean you have a place - we do not operate a first come first served basis, we will follow our allocation policy to allocate places which can be found on our website. If you are interested in any of the trips please ring the office or scan the QR code for your chosen trip and complete the online form, if you are allocated a place we will be in touch.

Tuesday 16th July

Llandudno - Adults only trip

£12 per person. Coach transport provided there/back.



Thursday 18th July

Introduction to cross stitch with Rosie Roo at Hazelhurst Studio. - Carers only.

£15 per person with equipment and included and to take home your completed cross stitch.



Tuesday 6th August

Chester Zoo

£15 per person, £10 registered young carer. Coach transport provided there & back.



Thurs 8th August

Norton Priory Bat walk

£3 per person



Sep date to be confirmed

Carers Sound Bath

Price to be confirmed.



ACCESS CARD



Jack Rowland

ID Number
271556

Expiry Date
27/08/2026



What is the ACCESS CARD

The physical card acts as a photo ID that can be used to easily communicate your access requirements to events and venues, so that the venues can provide accessibility to the needs of their visitors.

It also works online with other platforms like ticketing systems, to unlock the access facilities you need.

The card shows a photo ID and translates a person's disability or impairment into symbols, effectively highlighting the barriers they face and the reasonable adjustments they might need.

The Access Card app provides you with a personalised directory of venues, with first-class accessibility information to help you plan your trips.

To find out more visit:
www.accesscard.co.uk

The card costs £15 for 3 years

Sam's DIAMONDS For Men

Our newly established men's cancer support group provides a unique opportunity for individuals to come together, catch up, and discuss the triumphs and challenges they are facing in their lives. We believe that a cancer diagnosis does not mean you should stop living your life!

Join Us

Actively take part in an array of exciting activities, including axe throwing, rehabilitation sessions, bushcraft, and much more!

Find supportive members who get it, and are ready to offer assistance, understanding, and encouragement throughout your cancer journey.

YOU WERE GIVEN THIS LIFE BECAUSE YOU ARE STRONG ENOUGH TO LIVE IT, SO LIVE IT!

COMMUNITY FUND

admin@samsdiamonds.org.uk
01928 593 113
www.samsdiamonds.org.uk
St Maries, Lugsdale rd, Widnes WA8 6DB

Registered Charity Number 1164671

HALTON CARERS' CENTRE
62 - 64 Church Street

Our Runcorn office is open for carers to drop in for information & support
Mon, Tue, Wed & Fri 10am - 4pm
Thurs 10am - 7pm
No appointment needed.

62/64 Church Street, Runcorn, WA7 1LD
01928 580182

Exciting News

Shine Therapy Sensory Workshops Return to Halton!

Following the overwhelmingly positive feedback from our recent sensory workshops in March 2024 for registered parent carers and professionals working with children/young people, we're thrilled to announce that Halton Carers Centre in partnership with Halton Borough Council, Shine Therapy is returning to Halton for two more workshops later this year! Once again, we will be hosting a sensory workshop specifically tailored for Parent Carers, as well as a separate session dedicated to professionals working with children & young people!

Register Your Interest: If you would like to show you interest to attend the parent carers workshop and explore the transformative power of this training, you can now express your interest by scanning the QR below and completing the form:

For Parent Carers:



Don't miss out on this valuable opportunity to learn and grow together. Stay tuned for further updates and details.

Carers **REVIEWS**

Currently, we have a backlog of carers who have not yet responded to our requests to complete their annual review.

Completing your annual review is crucial as it allows us to ensure that we have the most up-to-date information about your caring situation. Failure to complete this review may result in your details being removed from our database.

If you have recently received an answer machine message, text or email stating that your review is due and you have not yet responded, please don't delay any further. Get in touch with us as soon as possible to complete your review.



How do you get help from your local foodbank?

You can get referred to them by one of their referral agencies (these include your local Doctors, Job Centre, Citizens Advice, Churches, Schools and more).

You can find the list of your local referral agencies here:

Runcorn - <https://runcorndistrict.foodbank.org.uk/electronic-vouchers/>

Widnes - <https://widnesfoodbank.org.uk/get-help/foodbank-vouchers>

Once a voucher has been issued to you, they will advise you of your nearest or soonest open distribution centre to obtain your free food parcel.

Take your unique voucher number to the centre chosen and pick up your parcel.

Eat @ The Heath

Community Group

Eat @ The Heath Community Group meetings are held each Wednesday from 11.30am – 1.30pm at the Heath Business Park, Runcorn

Weekly meetings are £2 per person and include tea/coffee and cake. There is no need to book to attend these sessions. Just turn up and enjoy yourself.

Their monthly meetings are held on the last Wednesday of the month (unless notified otherwise) and include a freshly-made 2 course meal and entertainment provided by local talent. Booking is required for these events.

Members £3 per person/Non-members £5 per person

To book: email: eileen.miller@sog.ltd.uk

or tel: 01928 51-1151 or 07761-573883



Go along with friends or alone and you are sure to make new friends! The meetings include quizzes, bingo and occasional presentations from key local support groups. Local PCSO's from Cheshire Police are often on-hand too to offer their support. It's a relaxed and friendly environment which has grown in popularity over the past 12 months.

HALTON CARERS CENTRE FUNDRAISING ACTIVITIES

Fundraise for Halton Carers Centre this year!!

Whether you are looking at taking part in a sporting activity such as Tough Mudder, triathlon or colour race, maybe you want to sky dive or complete an abseil you can do so and raise funds for carers in Halton!

We now have a go fund me page which you can link to your activity and share with your family and/or on social media pages. If you have an idea of what you would like to do give us a call and have a chat with our team!

Or if you would rather fundraise from the safety & comfort of your armchair you can donate to our go-fund me page by scanning our QR code!



We are delighted to announce that Halton Carers Centre is now offering **FREE Halton Leisure Cards** to registered carers!

This fantastic opportunity aims to provide carers with access to a range of leisure activities and facilities across the Halton area, allowing you to take some well-deserved time for yourself.

Act Fast! As we have a limited number of cards available. You can contact us at 01928 580182 for more information

Alternatively, feel free to visit our Runcorn office to collect your Halton Leisure Card in person. Our team will be more than happy to assist you and answer any questions you may have.

Get in touch today to secure your Halton Leisure Card.

**HALTON
NEW DATES 2024-25**



TINNITUS & HARD OF HEARING SUPPORT GROUPS



TINNITUS - RUNCORN & WIDNES

1:30 - 3:30pm **RUNCORN:** Broome Court, Brookvale Ave North, WA7 6EF
WIDNES: Halton Sensory Service, 126 Widnes Rd, WA8 6AX

**1st Thurs
of the month**

- | | |
|---------------------|--------------------|
| APRIL 4th - Runcorn | OCT 3rd - Runcorn |
| MAY 2nd - Widnes | NOV 7th - Widnes |
| JUNE 6th - Runcorn | DEC 5th - Runcorn |
| JULY 4th - Widnes | JAN 2nd - Widnes |
| AUG 1st - Runcorn | FEB 6th - Runcorn |
| SEPT 5th - Widnes | March 6th - Widnes |

HARD OF HEARING - RUNCORN

1:30 - 3:30pm **Broome Court, Brookvale Ave North, WA7 6EF**

**2nd Thurs
of the month**

- | | |
|--------------|----------------|
| APRIL - 11th | OCT - 10th |
| MAY - 9th | NOV - 14th |
| JUNE - 13th | DEC - 12th |
| JULY - 11th | JAN 2024 - 9th |
| AUG - 8th | FEB - 13th |
| SEPT - 12th | MARCH - 13th |

HARD OF HEARING - WIDNES

1:30 - 3:30pm **Naughton Fields, Liverpool Rd, Widnes, WA8 7HL**

**3rd Wed
of the month**

- | | |
|--------------|-----------------|
| APRIL - 17th | OCT - 16th |
| MAY - 15th | NOV - 20th |
| JUNE - 19th | DEC - 18th |
| JULY - 17th | JAN 2024 - 15th |
| AUG - 21st | FEB - 19th |
| SEPT - 18th | MARCH - 19th |

Digital Skills Drop-In



Wednesdays 10:00am - 2:00pm

Would you like to know more about:

- Using a laptop, smartphone, tablet etc.
- Online Banking & shopping
- Staying connected - browsing the internet
- Online prescriptions & appointments
- Online safety

Come along to our 'Digital Wednesday drop in' where our Digital Champions will be on hand to offer 1:1 advice and help with your specific needs and questions. You can bring your own device or use ours.

Get in touch for more info:
0300 003 1992
enquiries@aukmm.org.uk

13th March Onwards

**Age UK Offices
44 Church Street
Runcorn
WA7 1LR**



Volunteer receptionist

We are looking to recruit a volunteer to cover reception duties as and when.

The role will include meeting and greeting carers coming into the centre, answering the telephone, booking and cancelling therapy and podiatry appointments, recording incoming/outgoing post, taking cash/card payments, ensuring visitors sign in, photocopying and offering refreshments.

For more information please contact Lucia on 01928 580182 or scan the QR Code:



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Attendees
receive £20
Love2Shop
voucher

Wellbeing[®]
enterprises

Refreshments
provided

Community Consultation

WELLBEING FOR EVERYONE!

Event

Join us for a wellbeing discussion and
help us to understand how best we can
support our Halton Community

Widnes

Ditton Community Centre,
Dundalk Road. WA8 8DF



26 June
2024



**10:30–
12pm**

Runcorn

Grangeway Community Centre,
Grangeway. WA7 5LY



27 June
2024



**1:30–
3pm**



CALL 01928 589 799
WEBSITE: WWW.WELLBEINGENTERPRISES.ORG.UK



**YOUNG
CARERS**

Young Carers



sigmatex
material innovation

ALL MONIES RAISED ON THE DAY WILL DONATED TO
HALTON HAVEN HOSPICE AND HALTON YOUNGCARERS

FAMILY FUN DAY

15 JUNE, 2024
10:00-13:00HRS

Football Tournament, Bouncy castle, Sweet stall, Raffle, Tombola and much more

Sigmatex welcome you to a Family Fun Day,
a day full of fun for the whole family! Join in on a series of entertaining activities and great prizes await you. Don't miss the opportunity to create unforgettable memories with your family.

HALTON CARERS CENTRE A Network Partner of **CARERS TRUST**
Brookvale Recreation Centre

HALTON HAVEN Hospice for a special kind of caring

We are proud to be chosen alongside the wonderful team at Halton Haven Hospice as the beneficiaries of Sigmatex family fun day fundraiser! If you are free on the 15th June come along to this free event which is raising funds for young carers in Halton

Have you had the time to check out our recent young carers newsletter which is packed with what's happening in Halton for young carers! Head over to our Halton Carers website young carers section and look at our newsletters! If your young carer is interested in accessing any activities please get in touch.

HALTON CARERS CENTRE A Network Partner of **CARERS TRUST**

Newsletter

Issue 9, May 24

Welcome to our summer newsletter... Halton Carers Centre have lots of fun things coming up this Summer including lots of training and trips to ensure that Halton Young Carers get a break from their caring role

DID YOU KNOW? Halton Carers Centre strives to ensure that all our trips and activities remain free for Young Carers.

FREE

Contacting us
01926 560 162
help@haltoncarers.co.uk

Do you have a young person supporting you with your caring role but they are not yet registered with our young carers team? If so, scan the QR below and a member of our young carers team will be in touch!





Volunteer with our Young Carers Team as a Volunteer Driver

We are looking for a volunteer driver to be able to transport young carers to and from their homes to attend various groups and activities to enable them to have a break from their caring role.

*Hours & Commitment: Weekly - Alternate
Wednesdays/Thursdays also as and when in school*

Clean driving licence, good communication skills is important.
A DBS check will also be required.
Mileage is reimbursed.



*For more information please
contact Lucia on 01928 580182 or
scan the QR Code:*



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Please let us know what you think about our newsletter.
Do you have any suggestions for articles? Would you like to have a go at writing an article yourself?
Contact the centre on 01928 580182



COMPLIMENTS & COMPLAINTS

Although Halton Carers' Centre aims to provide the highest standard of services as possible, some time we may fall short of our standards. If this happens please let us know, as hearing your views helps us to improve the services we provide. You can complain or compliment us via our CEO Carl Harris email: carl.harris@haltoncarers.co.uk or telephone 01928 580182 or Chair of the Trustee Board, Bob Bryant at Halton Carers' Centre. You can also complain to Halton Borough Council should your complaint not be handled satisfactorily.



For regular up to date information on all of the services we offer please follow us on our social media pages:



Halton Carers Centre (Adult Carers)
Halton_young_carers



Halton Carers Centre (Adult Carers)
Halton_young_carers



Halton Carers Centre

Please keep us informed - help us to keep your information updated

If your details have changed since you registered with us, such as you have become ill, you've started to care for more than one person, the health of the person you care for has changed or your personal details have changed such as address, contact number, email address etc please let us know. You can do this by calling into our office, telephoning us or email help@haltoncarers.co.uk

If you are no longer a carer and want to be removed from our system please let us know and we can update our database.

Halton Carers Centre is registered in England & Wales as a Registered Charity No: 1124493
Company Limited by Guarantee No: 06574889

