

Do you want to know more?

If you are a carer and would like to register at Halton Carers Centre, its simple! You can either ring our Adult Carers Support on 01928 580182

Or complete the form below and return it via our freepost postal address or if you have a smart phone you can scan the QR code below and complete our online form, Once we receive your details someone from our team will be in touch to get you fully registered.

Name:

Address:

Telephone Number:

Email Address:

Place in an envelope and return to:

Freepost RRZU-YZEE-CCTR Halton Carers Centre
62/64 Church Street Runcorn WA7 1LD



Scan our QR code

'I never realised there was so much support available' for me as the carer, registering with the centre has been a lifeline'

HALTON CARERS CENTRE

A Network Partner of

CARERS TRUST

62/64 Church Street, Runcorn, WA7 1LD

01928 580182

Mon - Fri: 10am - 4pm
Sat: 10am - 1pm

St Marie's Church, Lugsdale Road,
Widnes, WA8 6DH

01928 592405

Wed & Fri 10am - 4pm
Thur 10am - 3pm

help@haltoncarers.co.uk

haltoncarers.co.uk

To find out what's happening in the centre follow us on:



Halton Carers Centre is registered in England & Wales as a Registered Charity Number: 1124493

Company limited by Guarantee No: 06574889



HALTON CARERS CENTRE

A Network Partner of

CARERS TRUST

Are you a Carer?



Halton Carers' Centre provides FREE confidential support for carers of any age living in Halton.

Halton Carers Centre is registered in England & Wales as a Registered Charity Number: 1124493

Company limited by Guarantee No: 06574889



WHAT IS A CARER?

A carer is anyone who cares, unpaid, for a family member or friend who due to illness, disability, a mental illness or an addiction cannot cope without their support. Each carer's experience is unique to their circumstances. The causes of someone taking on caring responsibilities are varied but can include:

- Serious physical illness
- Long-term physical disability
- Long-term neurological conditions
- Mental illness
- Dementia
- Drug/Alcohol Addiction
- Learning difficulties



Many people with caring responsibilities often don't see themselves as carers but rather as a parent, spouse, son, daughter, partner, friend or neighbour. Research has shown that having support in your caring role can reduce feelings of isolation, improve health problems and help you to continue caring.

Once you have registered with us you can access the following services:

- Information & Advice
- Counselling
- Support Groups – All Carers, Dementia Carers, Mental Health Carers, ADHD Carers & Parent Carers
- Podiatry *
- Relaxation Therapies *
- Day Trips *
- Training courses
- Carer Break Funding
- Carers Forums
- Access to a Carers Assessment (16yrs+)

*Small charge for these services, all other services are free.

For more information on our services please check out our website and/or our social media pages.

To register at Halton Carers Centre the person you care for does not have to be in receipt of any benefits and registering with ourselves won't effect any benefits that you may be in receipt of.

For a complete information pack on the services we offer, scan the QR code over leaf with your smartphone camera to be directed to our online referral form, you can return the form overleaf, drop into see or us telephone us on 01928 580182.



DOES YOUR GP KNOW YOU ARE A CARER?

If you let your GP Reception know that you are a carer they will ensure that your GP Medical records are marked appropriately and ensure that you receive the appropriate support including:

- Invitation for the annual flu jabs
- Flexible appointments if available



Drop in for information support during our opening hours