

## 1) RESEARCH

What is the PEGI rating for the game?  
Can people contact your child through the game?

Childnet recommend looking at other parent reviews on:

[www.commonswemedia.org/](http://www.commonswemedia.org/)

## 2) DISCUSS

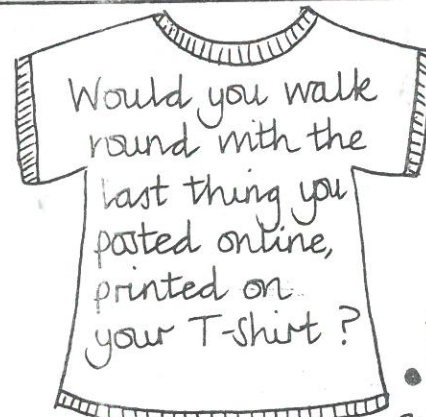
Talk to your child to find out why they want to play the game and maybe offer some more age appropriate alternatives.

## 3) EXPLAIN

Childnet stress how important it is to talk to your child and explain to them why you have deemed a game unsuitable.

(source: <https://www.childnet.com/blog/answering-parents-online-safety-questions->)

## The T-Shirt Rule



What are you sharing online?

In a recent report "Who Knows What About Me?" the Children's Commissioner found that:

- Parents share around 71 photos and 29 videos of their child every year on social media.
- By the age of 13, a child's parents will have posted on average 1,300 photos and videos of them to social media.
- Many parents share their photos with strangers; a fifth has public Facebook profiles and over half of parents are Facebook friends with people they don't really know.

## PARENTAL CONTROLS

Parental controls help you control what your child is able to access online so by setting up these controls, children are less likely to see things they shouldn't.

Internet Matters have created over 70 parental control "Howto Guides" for major networks, devices and entertainment providers.

Step by step guides are available at:

[www.internetmatters.org/parental-controls/](http://www.internetmatters.org/parental-controls/)