

## St Berteline's C of E Primary School

### ANTI-BULLYING POLICY

At St Berteline's, staff, parents and children work together to create a happy, caring Christian learning environment in which children can achieve. Bullying in any form will not be tolerated. It is everyone's responsibility to aim to prevent occurrences of bullying and to deal with any incidents quickly and effectively.

This policy describes our interpretation of bullying behaviour and sets out the very high expectations we have of our pupils and the methods we employ to modify behaviour if necessary. Our aim is to always reward good positive behaviour and to show zero tolerance of bullying as defined below. We feel however that in each case of bullying it is the **behaviour** and not the **child** that meets with our disapproval.

#### **Bullying**

The staff and governors of St Berteline's accept the definition of bullying as:

Physical	pushing, kicking, hitting, pinching, scratching and other forms of violence or threats.
Verbal	name-calling, sarcasm, spreading rumours, persistent teasing.
Emotional	excluding (sending to Coventry), tormenting, ridicule.
Racist	racial taunts, graffiti, gestures.
Sexual	unwanted physical contact or abusive comments.
Cyber	misuse of the internet, mobile phone threats by text message and calls, misuse of technology eg camera and video facilities.

The use of intimidating or defamatory messages/images both inside and outside of the school will not be tolerated. In order to combat cyber bullying, school will work with both the police and mobile network/internet service providers where appropriate.

**In gaining an understanding of bullying, staff attention is drawn to the following information:**

- Bullying behaviour is often very subtle and when a group of pupils have established a bullying relationship with another pupil or group of pupils, they may only have to look threateningly to reinforce their fearfulness.
- Research shows that name-calling, being physically hit and being threatened are the most frequent direct forms of bullying. Being isolated or deliberately left out of friendship groups is the most common form of indirect bullying.
- National surveys indicate that most bullying occurs in and around school, the playground being the most common location. At St Berteline's we also need to be aware that bullying may also occur in non classroom areas. In primary schools, three-quarters of all pupils who are bullied are bullied during break or lunchtimes. The small group of persistently bullied pupils report that they are not only bullied in school but also on their way to and from school.
- It is acknowledged that everybody has the potential to be involved in bullying behaviour, either on the giving or receiving end.

### **The effects of bullying**

Staff should carefully monitor the symptoms of bullying outlined below. If they think behaviour is related in any way to bullying discuss the issue with the headteacher or deputy.

Staff must be aware that if bullying is left unchallenged, other pupils can learn that bullying is a quick and effective way of getting what they want. Bullying can pervade the relationships of children and become accepted as normal, this must not be allowed to happen.

### **Bullying can affect pupils in a number of ways ie**

- They may complain that their possessions are being stolen.
- When pupils are bullied their lives are made miserable.
- They may suffer injury,
- They may be unhappy about coming to school.
- Over time they may lose self-confidence and self esteem, they may blame themselves for inviting bullying behaviour.
- Bullying can affect the pupil's concentration and learning.
- Some pupils experience stress-related illness ie stomach aches, headaches, nightmares, or anxiety attacks.

### **The aim of the school with regard to bullying**

- As a Christian school, co-operation and care for others is fostered, and the school aims to provide a happy and caring environment in which all pupils and staff are valued and can thrive.
- St Berteline's aims to combat and challenge bullying behaviour in all its forms and to encourage co-operative behaviour at all times.

- We aim for all staff employed at the school to recognise and respond to bullying behaviour whenever encountered.
- We will show zero tolerance of any form of bullying, whenever identified.

### **Action to prevent and deal with incidents of bullying**

Our Behaviour & Discipline Policy describes the importance for pupils to be given praise and recognition for co-operative behaviour. Teaching staff should use the school curriculum as a vehicle to deliver and reinforce our anti-bullying policy; assemblies, informal chats, role play and drama, literature, discussion-based activities, circle time and creative writing all provide opportunities for this.

The way our lunchtimes and playtimes are organised and the opportunities given to the pupils for constructive play are an important factor in the fight against bullying. We deliberately train play leaders to look after our younger children during playtimes and this reinforces the caring Christian ethos of our school.

Midday Assistants are regularly made aware of the importance of their role in supervising and monitoring pupil interactions and in particular, pupils who appear to be isolated from their peers or who show signs of distress.

All teaching staff should regularly check with Midday Assistants to ensure that children's behaviour has been acceptable. Staff should advise and update Midday Assistants appropriately when there is a concern about either bullies or their victims.

We run an 'Anti-Bullying' week each year alongside the National Anti-Bullying Week by way of focusing the whole school on these issues. This gives time for teachers to discuss issues at an appropriate level to their class.

As part of our PSHE lessons we encourage children to talk about bullying incidents and help develop an understanding and empathy.

**Staff should always listen to children and act upon any statements or complaints they make. All staff watch for early signs of distress in pupils.**

If worried children can place a note in Mrs Barron's post box to ask for help in a confidential way.

Parental involvement is a crucial factor in our fight against bullying. A copy of our Behaviour and Discipline Policy is available for parents from the school office and on the website, as well as a copy of our Anti-bullying Policy. Through our home-school communication links, we hope to promote an atmosphere of mutual trust and understanding in support of all our children.

## **Vulnerable pupils**

Staff recognise the following groups as potentially vulnerable with regard to bullying.

- Children in Care.
- Traveller children.
- Children with learning difficulties and/or disability.
- Children with SEN.
- Gifted and talented children.
- Young carers.
- Those with an unclear gender identity.
- Those with an unclear sexual orientation.
- Those of a minority race.

Staff and volunteers need to be aware of those children who may be vulnerable to bullying due to their individual needs and should ensure they are provided with appropriate means of support. Children with special needs and disabilities may not always have the communication skills to report effectively and in detail specific incidents of being bullied and will need specific assistance with this.

## **The school's response to bullying**

**The following is a list of actions available to staff depending on the perceived seriousness of the situation. The emphasis is always on a caring, listening approach as bullies are often victims too – that is why they bully.**

- In response to one-off incidents, which do not result in actual physical harm, a reprimand is followed by an apology may be sufficient to deter a pupils from continuing with name-calling or mild teasing.
- The persistent bully will need help and firm guidance. When dealing with a child who has bullied another, staff should be clear, honest and direct with their response avoiding the use of humiliation, sarcasm, aggression, threat or manipulation.
- In the first instance, the response should, if at all possible, be immediate with possible follow up in the longer term. Obtain witnesses if possible.
- Children identified as bullying, will be dealt with on an individual basis according to their needs.
- Incidents considered by staff to be serious or persistent must be brought to the attention of the headteacher.
- Racial, physical and sexual abuse must always be reported to the headteacher.
- Staff must consider the needs of the 'victim' to be paramount and discussions will require patience and understanding. Remember – 'Listen, Believe, Act'.
- Following an incident of bullying, the policy of the school might be to provide the pupils involved with some form of counselling in order to enable the pupils to discuss with one another strategies for resolving the problem and avoiding further conflict.

- It is likely that perpetrators' and victims' parents will be informed of bullying at an early stage. Staff should consult the headteacher to decide how best to approach parents.
- Outside support from specialist agencies will be utilised if necessary.

It is assumed that parents, who choose to send their child to St Bertelina's will support and co-operate fully with staff in maintaining high standards of work as well as behaviour.

### **Monitoring and evaluation**

The headteacher and the governing body monitor this policy. The headteacher will report to governors about the effectiveness of this policy upon request.

Incidents of bullying are monitored by the headteacher.

The Anti-Bullying Policy reflects the intended ethos of the school and should be read in conjunction with the following documents and policies.

- Preventing and Tackling Bullying in Schools (non-statutory advice ) July 2017
- Behaviour and Discipline Policy
- SEND Policy
- Equality and Diversity Policy
- Health and Safety Policy
- PSHE Policy
- School Mission Statement
- E-Safety Policy & Acceptable Use Policy
- Prevention of Radicalisation and Extremism
- Inclusion Policy
- Promoting Anti-Racist Practices (including Racist Incident Reporting)
- Policy for Promoting British Values
- Halton Healthy Schools Status
- Valuing all God's Children (Guidance for Church of England Schools on challenging homophobic, biphobic and transphobic bullying)
- Keeping Children Safe in Education (May 2019)
- Safeguarding and Child Protection Policy
- Mobile Phone, Tablet and Camera Policy for Pupils