

## MIXED AGE CLASSES BASED ON KEY STAGE

EYFS	Can be taught as it is. References are included for F1 and F2.
Y1 and Y2	Use the lessons as a two year rolling programme. Yr 1 lessons in first year followed by Yr 2.
Y3 and Y4	Use the lessons as a two year rolling programme. Yr 3 lessons in first year followed by Yr 4.
Y5 and Y6	Use the lessons as a two year rolling programme. Yr 5 lessons in first year followed by Yr 6.

## MIXED KEY STAGE CLASSES

E.g. EYFS/KS1, KS1/KS2

The HeartSmart lessons were planned and written in sub-themes for each week of the principle. These themes haven't been made public as they were to help us plan for continuity, progression and to help build the bigger picture of the principle they slot into. They are clear to see if you look for them and can be seen running through the year groups across the same weeks. The overview grids would be a helpful tool here.

e.g. Get HeartSmart, week 5 = gratitude sub-theme.

Y2 - Happy Snappy - looking for things we are grateful for

Y3 - Growing Gratitude - listing things we are grateful for

Therefore a Y2/3 teacher could look at both lessons listed above, be confident that the theme is similar and select the best fit for the class.

As the theme is similar each week, the PSHE objectives are on the whole similar (there may be the odd exception). Therefore if you use the example above and are teaching 'Growing Gratitude' to a Y2/Y3 class you could take the PSHE objective from 'Happy Snappy' (*R5 - to share their opinion on things that matter to them and explain their views through discussions with one other person and the whole class*) and apply it to this lesson for the Y2 children.